



## From the Inside Out Resolving Obesity through the New Science of Bariatrics

By Paula Magid

iUniverse. Paperback. Book Condition: New. Paperback. 168 pages. Dimensions: 8.9in. x 5.9in. x 0.6in. As bariatric professionals we have watched obesity surgery as it evolved from boutique status to a demand industry. We now offer the first comprehensive guide specifically detailing the psychological aspects of bariatric surgery. From the Inside Out is an unbiased straight-to-the-point advice from health care professionals: dietitians, nurses, surgeons, and program coordinators, as well as heartfelt insight from over 25 post-operative bariatric patients. One of the authors knows from experience after losing 160 pounds via bariatric surgery in 2002. Today Paula Magid has managed several hospital based bariatric programs. The other two authors have psychology backgrounds and work with hundreds of patients losing thousands of pounds and keeping it off. Follow their ideas and you will too! This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

-- **Rene Olson**

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