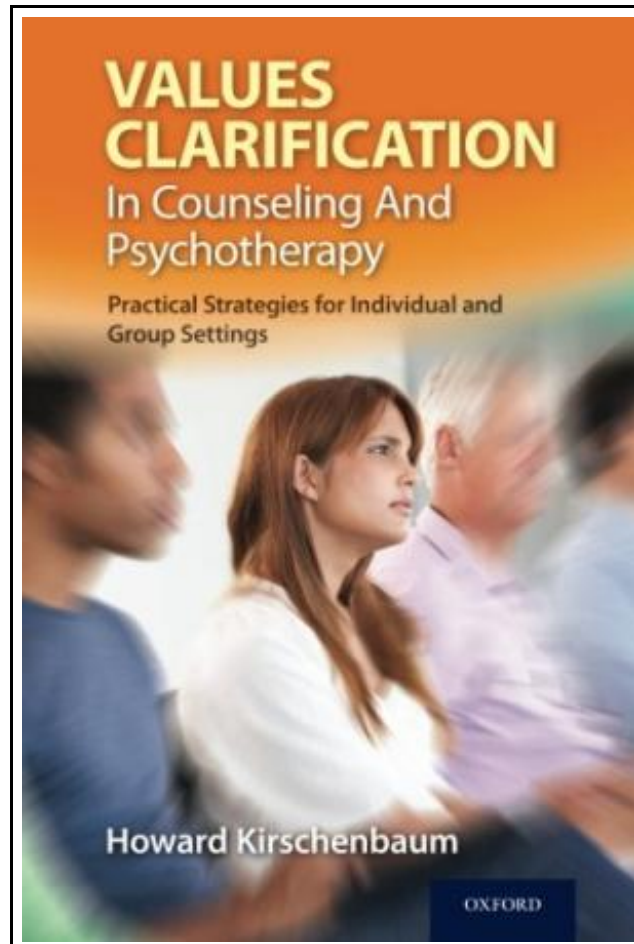


Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings



Filesize: 5 MB

Reviews

Excellent electronic book and helpful one. It usually does not cost a lot of. I am quickly will get a pleasure of reading through a written publication.

(Bernardo Feeney Jr.)

VALUES CLARIFICATION IN COUNSELING AND PSYCHOTHERAPY: PRACTICAL STRATEGIES FOR INDIVIDUAL AND GROUP SETTINGS



To save **Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings** PDF, please click the link under and save the ebook or get access to additional information which are related to **VALUES CLARIFICATION IN COUNSELING AND PSYCHOTHERAPY: PRACTICAL STRATEGIES FOR INDIVIDUAL AND GROUP SETTINGS** ebook.

Oxford University Press Inc. Paperback. Book Condition: new. BRAND NEW, Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings, Howard Kirschenbaum, This work meets a long-standing need in the helping professions by being the first and only comprehensive book devoted to these priority-defining and goal-setting values clarification strategies for counseling and psychotherapy by providing a clear description of what values clarification is and is not. The book demonstrates, with great precision and hundreds of clinical examples, how counselors and psychotherapists in many fields can ask good clarifying questions, and employ dozens of strategies with individuals, couples, families, and groups. Values clarification is perhaps best known for the many values clarification strategies that can be used with individuals and groups to explore a myriad of counseling topics. Values clarification is compared and contrasted to other approaches to counseling and psychotherapy, including person-centered, cognitive-behavioral, reality therapy-choice theory, existential, individual psychology, solution-focused, narrative, motivational interviewing, acceptance and commitment therapy, appreciative inquiry, life coaching, and positive psychology. Helping clients determine their priorities, set goals, make decisions, and take action to improve their lives are common tasks for virtually all helping professionals when engaging with clients. This is the process known as "values clarification" (or "Values Clarification"). While counselors and psychotherapists widely practice values clarification-some knowingly, others unaware-they typically do so with a limited understanding of its theory, methods and various applications. The book illustrates extensively how strategies can be carried out in individual counseling and psychotherapy, group counseling and psychotherapy, and psychoeducational work, whatever the subject or topic. The examples throughout the text are often grouped around more specific applications for marriage and family counseling, career counseling, substance abuse and recovery counseling, geriatric counseling, grief counseling, pastoral counseling, financial counseling, school counseling, rehabilitation counseling, counselor/clinical education and supervision, health counseling...



[Read Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings Online](#)



[Download PDF Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings](#)

Relevant PDFs



[PDF] Write Better Stories and Essays: Topics and Techniques to Improve Writing Skills for Students in Grades 6 - 8: Common Core State Standards Aligned (Paperback)

Click the link under to download "Write Better Stories and Essays: Topics and Techniques to Improve Writing Skills for Students in Grades 6 - 8: Common Core State Standards Aligned (Paperback)" PDF file.

[Save PDF »](#)



[PDF] YJ] New primary school language learning counseling language book of knowledge [Genuine Specials(Chinese Edition)

Click the link under to download "YJ] New primary school language learning counseling language book of knowledge [Genuine Specials(Chinese Edition)" PDF file.

[Save PDF »](#)



[PDF] Readers Clubhouse Set a Nick is Sick (Paperback)

Click the link under to download "Readers Clubhouse Set a Nick is Sick (Paperback)" PDF file.

[Save PDF »](#)



[PDF] Read Write Inc. Phonics: Purple Set 2 Non-Fiction 4 What is it? (Paperback)

Click the link under to download "Read Write Inc. Phonics: Purple Set 2 Non-Fiction 4 What is it? (Paperback)" PDF file.

[Save PDF »](#)



[PDF] Readers Clubhouse Set B What Do You Say (Paperback)

Click the link under to download "Readers Clubhouse Set B What Do You Say (Paperback)" PDF file.

[Save PDF »](#)



[PDF] Readers Clubhouse Set B Time to Open (Paperback)

Click the link under to download "Readers Clubhouse Set B Time to Open (Paperback)" PDF file.

[Save PDF »](#)