



Natural Alternatives to Lipitor, Zocor Other Statin Drugs: What to Use and Do to Help Lower Your Bad Cholesterol (Paperback)

By Jay S. Cohen

Square One Publishers, United States, 2010. Paperback. Book Condition: New. 170 x 104 mm. Language: English . Brand New Book. Elevated cholesterol and C-reactive proteins are markers linked to heart attack, stroke, and other cardiovascular disorders. It is estimated that over 100 million Americans more than a third of our population suffer from these conditions. To combat these problems, modern science has created a group of drugs known as statins, available under such names as Lipitor, Zocor, and Pravachol. While over 20 million people take these medications, the fact is that up to 42 percent experience negative, often serious, side effects. Fortunately, other options are available. Here, for the first time, is a concise guide that explains the problems caused by statin drugs, and offers easy-to-follow strategies that will allow you to benefit from effective natural alternatives. Written by a highly qualified researcher and physician, Natural Alternatives to Lipitor, Zocor Other Statin Drugs begins with a clear explanation of elevated cholesterol and C-reactive proteins. It then examines how statin drugs work to alleviate these problems, and discusses their possible side effects. Finally, the author highlights the most important natural alternatives, providing information on the science behind their claims, their proven...



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Reviews

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better then never. I found out this book from my dad and i encouraged this pdf to find out.

-- Justus Hettinger

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Bantam Doubleday Dell Publishing Group Inc, United States, 1994. Paperback. Book Condition: New. Reissue. 170 x 104 mm. Language: English . Brand New Book. When A Connecticut Yankee in King Arthur s Court was published in 1889, Mark Twain was undergoing a...



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